



BE WELL BUS

The Be Well Bus is journeying across Ipswich and east Suffolk offering health and wellbeing support to everyone.

Let's talk about it



JOIN US IN FRAMLINGHAM, SAXMUNDHAM & ALDEBURGH during 'Dying Matters Week'

When: Tuesday 7th, Thursday 9th & Friday 10th May 2024

Time: 10am to 3pm

Where: **Tuesday**, Market, Hill, **Framlingham**, IP13 9AN, opposite to Country Vision Opticians (see maps below)

Thursday, Tesco Superstore car park, 1 Church St, **Saxmundham** IP17 1EP

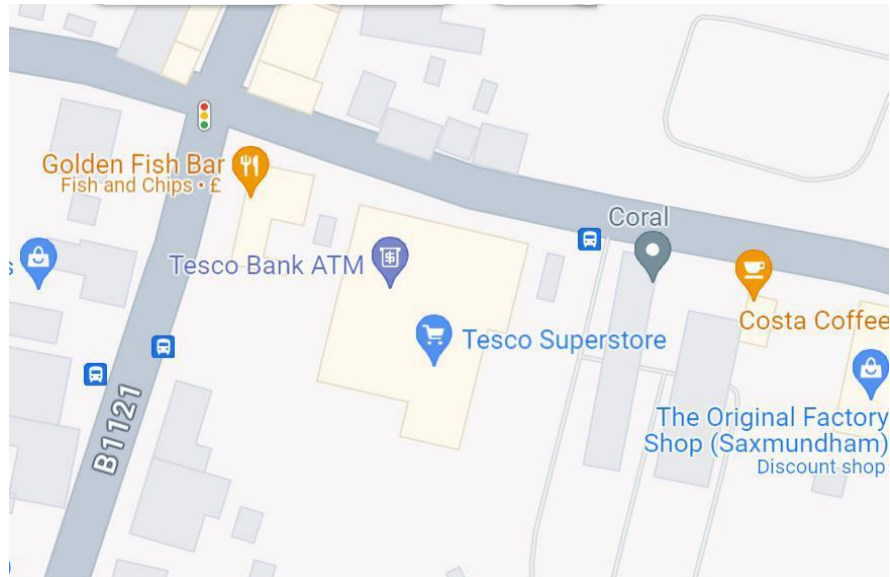
Friday, Coop car park, 8 Saxmundham Road, **Aldeburgh**, IP15 5JD

Tuesday	Thursday	Friday
<p>Who will be on the bus? Marie Curie Christies Care St Elizabeth Hospice (12pm-2.30pm)</p>	<p>Who will be on the bus? Compassionate Companions Wellbeing Suffolk Cancer Support Suffolk</p>	<p>Who will be on the bus? Butterfly Volunteers (Ipswich Hospital) NHS (Importance of Planning) Marie Curie Compassionate Companions</p>
<p>How can we help you? Bereavement Age Friendly/Dementia End of Life Care Information and Sensitive Conversations</p>	<p>How can we help you? Compassionate Conversations Mental Health/Counselling Cancer Support</p>	<p>How can we help you? End of Life Support Bereavement Compassionate Conversations</p>

Tuesday in Framlingham



Wednesday in Saxmundham



Friday in Aldeburgh

