



Participate

Come and make music and explore historical objects with our friendly team of professional workshop leaders and musicians.

These sessions will bring you together with others in your local community, providing opportunity to take part in activities and connect over tea and cake. No musical experience is necessary to take part. Sessions are free to attend – just show up!

Our team are trained to ensure these workshops are suitable for those living with long term health conditions, including dementia and Parkinson's.

Participate also runs in Saxmundham, Leiston and Woodbridge. For further details of a session near you, or to arrange transport, please contact the Community Team on community@brittenpearsarts.org or **01728 687127**

16 April 10am - 12pm

23 April 10am - 12pm

30 April 10am - 12pm

7 May 10am - 12pm

14 May 10am - 12pm

21 May 10am - 12pm

BREAK

4 June 10am - 12pm

11 June 10am - 12pm

18 June 10am - 12pm

This session and the remaining sessions will be held in the Conference Centre, Still at Kesgrave Community Centre.

25 June 10am - 12pm

2 July 10am - 12pm

9 July 10am - 12pm

Kesgrave

Bowls Pavilion, Kesgrave War Memorial Community Centre
Twelve Acre Approach,
Kesgrave, Ipswich, Suffolk,
IP5 1JF

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