

Things to remember:

- * If the weather is fine, please remember a hat and sun cream and if it looks like rain, a raincoat.
- * Suitable footwear needs to be worn.
- * All the activities (except Sailing Tuesday and Golf Wednesday) are based on and around Kings Field. Please register in the Old Generator Station and the children will then be taken to their chosen activity
- * For sailing on Tuesday, please take and collect your child/ children to/from Slaughden Sailing Club. Please note Golf will start at 2.30pm until 4pm.
- * Children registered for golf on Wednesday will need to be taken directly to the Aldeburgh Golf Club.
- * Children will be provided with a re-usable water bottle. Please ensure they bring it full each day.
- * Have lots of fun!



ALDEBURGH TOWN COUNCIL PRESENTS

SUMMER SPORTS WEEK

AGES
7-12

1ST August - 5TH August 2022

KICK OFF 2PM DAILY

FINAL WHISTLE 5PM

PROFESSIONAL TUITION

**CYCLING, ARCHERY, YOGA , FOOTBALL,
TENNIS, SAILING, GOLF, DANCE, RUGBY,
KARATE, ROUNDERS, BOWLS,**

DAILY REFRESHMENTS

BBQ FRIDAY 5TH AUGUST 4.30PM

**CHILDREN, PARENTS & SPONSORS WELCOME
AT THE OLD GENERATOR STATION & KING'S FIELD**

FOR MORE INFORMATION CONTACT:

01728 452 158

townclerk@aldeburghtowncouncil.co.uk

**Pre registration is advised, limited sign in on the
day at the Old Generator Station.**



Activities include:-

- Archery
- Dance
- Bowls
- Football
- Golf
- Yoga
- Ride Smart Cycling
- Rounders
- Rugby
- Sailing
- Karate
- Tennis

New activities for the 2022 programme include:-

- Karate
- Dance - Encanto

and

**Junior Sports Day - Friday 5th August
for children aged 4-6 years old**

Volunteers' help would be much appreciated, Please email
townclerk@aldeburghtowncouncil.co.uk for more details if you are available
to help any afternoon

Barbecue - Friday 5th August



To Close the week's events a barbecue is planned for the Friday evening from 4:30pm - 5:30pm for all the children attending.

All the businesses, organisations and volunteers are welcome to attend as **a thank you for their generous contribution, time and effort**

Sponsorship for 2022's Aldeburgh Sports Week has been gratefully received from

- Old Generator Station
- Aldeburgh Market
- Baggotts Newsagents
- Co-op
- Salter & King
- Tesco

**Junior Sports Day Friday, 5th August for 4-6 years old
Contact & Consent Form**

Aldeburgh Town Council wants the afternoon to be a safe and fun event. The Council is required to register all children participating in the Sports Week. **Without a fully completed registration and medical consent form your child will unfortunately not be able to participate.**

All information held by the council on computer, will only be available to approved volunteers and will be destroyed after the week has completed.

Full name of child	
Date of Birth	
Address	
Home Telephone No	
Parents Mobile No	
Additional Contact	Grandparent or other with parental responsibility
Home Telephone No	
Mobile No	

Details of any medication, medical problem (eg asthma, epilepsy, allergies, dietary needs), disability or medical history (emotional, mental, physical) that may affect normal activity:

When necessary, I consent to my son/daughter being treated with:

Antiseptic wipes:

Yes/No

Plasters:

Yes/No

Child's own medicine carried with them for emergency use:

Yes/No

Please ensure your child is protected from the sun with sun screen and a hat.

Doctor's Name and Address	
Telephone No.	

I give permission for my child to take part in the activities provided during the Sports Week. I understand that whilst they are under the control of volunteers, who will take all reasonable care of the young people, they cannot necessarily be held responsible for any loss or damage to personal items or injury suffered by my child during or as a result of an activity.

I am happy for photographs of my child to be taken and used in local publications and /or the Council website for publicity after the week. Names will not appear with the photos.

Are you happy for photos to be used in this way.

Yes/ No

Signed	
Print Name	
Date	
Relationship with child	

Registration Form

NAME.....

CONTACT AND CONSENT FORM COMPLETED AND ATTACHED

YES/NO

Please consider carefully your choice of activities as we may be unable to accommodate changes. Each activity will be for 1 hour (unless otherwise stated) and you should select and tick 1 activity for each session. Some activities have limited availability and will be allocated on a first come, first served basis with priority given to Aldeburgh residents.

DAY	ACTIVITY	2.15 – 3.15 pm TICK TO REGISTER	3.30 – 4.30 pm TICK TO REGISTER
Monday	Rounders		
	Yoga		
	Tennis		
	Ride-smart Cycling		
Tuesday	Football		
	Sailing		
	Sailing will be a full afternoon at Slaughden Sailing club*		
	Dance Cheerleading		
Wednesday	Dance Musical Theatre		
	Archery		
	Bowls		
	Golf		
Golf will be a full afternoon at Aldeburgh Golf Club*			
Thursday	Tennis		
	Archery		
	Ride-smart Cycling		
	Football		
Friday	Zumba		
	Dance - Encanto		
	Rounders		
	Karate		
Friday 5pm	Rugby		
	Rounders		
Junior Sports 4-6 Years			
Friday 5pm	Barbecue	Attending-	Not attending -

PLEASE RETURN THIS COMPLETED FORM THROUGH THE LETTERBOX AT THE MOOT HALL TO SECURE A PLACE

Email address for confirmation to be sent: -

I consent to Aldeburgh Town Council collect my details to enable them to provide me with further information about future events.

*For sailing on Tuesday and Golf on Wednesday, please take your child/children directly to Slaughden Sailing Club and Aldeburgh Golf Club

Contact and Consent Form for 7-12 years old

Aldeburgh Town Council wants the week to be a safe and fun event. The Council is required to register all children participating in the Sports Week. **Without a fully completed registration and medical consent form your child will unfortunately not be able to participate.**

All information held by the council on computer, will only be available to approved volunteers and will be destroyed after the week has completed.

Full name of child	
Date of Birth	
Address	
Home Telephone No	
Parents Mobile No	
Additional Contact	Grandparent or other with parental responsibility
Home Telephone No	
Mobile No	

Details of any medication, medical problem (eg asthma, epilepsy, allergies, dietary needs), disability or medical history (emotional, mental, physical) that may affect normal activity:

For children participating in Sailing the following confirmation is required:

I confirm that can swim 25 metres confidently.

When necessary, I consent to my son/daughter being treated with:

Antiseptic wipes: **Yes/No**
 Plasters: **Yes/No**
 Child's own medicine carried with them for emergency use: **Yes/No**

Please ensure your child is protected from the sun with sun screen and a hat.

Doctor's Name and Address	
Telephone No.	

I give permission for my child to take part in the activities provided during the Sports Week. I understand that whilst they are under the control of volunteers, who will take all reasonable care of the young people, they cannot necessarily be held responsible for any loss or damage to personal items or injury suffered by my child during or as a result of an activity.

I am happy for photographs of my child to be taken and used in local publications and /or the Council website for publicity after the week. Names will not appear with the photos.
 Are you happy for photos to be used in this way. **Yes/ No**

Signed	
Print Name	
Date	
Relationship with child	

Following the success of previous years and the feedback received, we are delighted to repeat this event for the 2022 programme for younger children of 4-6 years old.



The children will take part in both of the following activities :

- Tennis
- Races

We encourage parents to stay and enjoy the afternoon with us.

Please tick the box below if you would like to stay for the barbecue at 4.30pm

Please complete the form on the back of this page and post through the letterbox at The Moot Hall to secure a place.

Email address for confirmation to be sent: